



Svensk barnsmärtförening

inbjuder till en workshop inom



Participating in this workshop you will learn the Guided Imagery technique, which can also be combined with pharmacological approaches to managing pain. This is largely a skills workshop with some theory in relation to practice on imagery and the top-down modulation of fear and pain.

Dr Bernie H. Whitaker RN PhD (Psychology), Pain Consultant, ACT on Occupational Stress
www.top-downpaincontrol.com

WORKSHOP PROGRAM

10.00 – 16.00

- Guided Imagery Technique: theory, practice and demonstration.
- Guided Imagery Cases: review and discussion of videos.
- Small group practice in guided imagery.
- Group discussion and feedback: preparing for clinical practice.

Datum. Den 6 september 2018

Plats. Östra aulan, Östra sjukhuset, Sahlgrenska universitetssjukhuset, Göteborg

Kostnad. 1650 kr (inkl. lunch och förmiddags/eftermiddagskaffe)

Anmälan. Senast den 1 augusti 2018 till stefan.nilsson.4@gu.se. Anmälan är bindande.